

VERSA CLIMBER



"Although popular among pro and college sports teams and rehab therapists—"It's the only cardio machine I approve for our players because the no-impact, contralateral motion mimics natural human motion without an injury risk," says Dr. Dennis Collenello -- Team doctor for the L.A. Clippers.

The VersaClimber is a total body, closed chain, rehabilitation exercise machine. It utilizes one of the most natural and intensity selective muscular activities to which the body can be subjected. Total body vertical climbing exercise and rehabilitation routines have been developed to provide a continuous arm and leg action using a wide selection of stroke lengths, stroke rates, and resistance levels.

All information taken from
www.versaclimber.com

